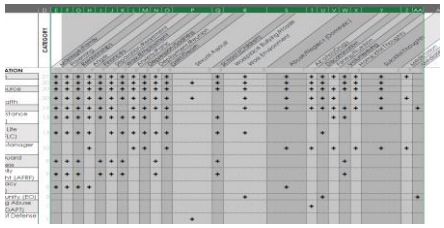
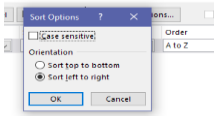
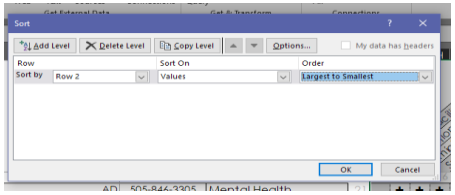
WHO TO CONTACT PER CATEGORY, updated Jul 2022

WHO	PHONE	ORGANIZATION		Marriage/Family	Parenting	Relationships	Abuse	Finances	Separation/Retirement	Work/Employment	Anxiety/Panic	Depression/Sadness	Deployment/Reunion	Grief/Death	Sexual Assault	School (Children)	Workplace	Bullying/Hostile Work Environment	Abuse/Neglect (Domestic)	Alcohol/Drug	Discrimination	Fitness/Nutrition	Volunteering	Homicidal Thoughts	Suicidal Thoughts	Medication	Mediation/Facilitation
AD	505-846-3305	Mental Health	21	+	+	+	+	+	+	+	+	+	+			+		+		+	+	+	+		+	+	
Anyone with base access	505-853-5000 or 505-846-3777 (Command Post) after duty hours	Chaplain	20	+	+	+	+	+	+	+	+	+	+		+	+		+		+	+		+	+	+		
For AD, Reserve, Guard & Families	1-800-342-9647	Military OneSource	20	+	+	+	+	+	+	+	+	+	+			+		+		+	+	+	+	+	+		
For AD, Reserve, & Guard	505-846-3200	Primary Care - Behavioral Health	20	+	+	+	+	+	+	+	+	+	+		+			+		+	+	+		+	+	+	
For AD, Reserve, Guard, & Families		First Sergeant	19	+	+	+	+	+	+		+	+	+	+				+		+	+	+	+	+	+		+
For DOD Civ (NAF & AF) Families	1-866-580-9078	Employee Assistance Program (EAP)	14	+	+	+	+	+	+	+	+	+		+		+						+	+		+		
For AD & Families	505-440-2481 505-415-4027 505-730-0080	Military Family Life Counselor (MFLC) Adult	13	+	+	+	+		+	+	+	+	+	+		+		+			+						
For 150 Air National Guard & Families	505-920-3473	Military Family Life Counselor (MFLC) Adult	13	+	+	+	+		+	+	+	+	+	+		+		+			+						
For AD, Reserve, Guard, & Families	505-350-6762 505-280-9016 505-250-7800 505-639-3524	Military Family Life Counselor (MFLC) Child &Youth														+											
For AD, Families, & Retirees	505-846-3200	Primary Care Manager (PCM)	10				+				+	+		+				+		+		+		+	+	+	
For ANG members & Families	505-846-5027	Air National Guard Family Readiness	9	+	+	+		+	+	+			+			+							+				
For AD, Families, Retirees & DOD Civ	505-846-0741	Airman & Family Readiness Flight (AFRF)	9	+	+	+		+	+	+			+			+							+				
For AD, Families, & DOD Civ	505-846-0139 or 505-445-7100 for 24/7 partner maltreatment victim advocacy	Family Advocacy Program (FAP)	6	+	+	+	+								+				+								
For AD, Reserve, Guard, Family & DOD	505-846-5369	Equal Opportunity (EO)	3														+				+						+
For AD, Reserve, & Guard	505-846-3305	Alcohol & Drug Abuse Treatment (ADAPT)	1																	+							
Open to DOD employees and AD	877-995-5247	Department of Defense Safeline	1												+												
For anyone with base access	505-846-1041	Diversity & Inclusion	1						+																		
For AD & DOD Civ	505-846-1186 505-846-1483	Health Promotion	1																			+					
For AD, Guard, Reserve, & Families	505-252-5564 505-660-2543	Personal Financial Counselor	1					+																			
Open to Everyone	505-266-7711	Rape Crisis Center	1												+												
For anyone with base access	505-846-6477	School Liaison Officer	1													+											
Open to Everyone	505-241-9791	Sexual Assault Prevention & Response (SAPR) Hotline Air National Guard	1												+												
For anyone with base access	505-846-7272 (TEXT) 505-977-6683	Sexual Assault Response Coordinator (SARC)	1												+												
Open to Everyone	505-266-7711	Sexual Assault Nurse Examiner (SANE)	1												+												
Open to AD, Reserve, & Guard	202-763-5494 202-731-3192	Special Victims' Counsel (Legal Assistance)	1												+												
For AD, Reserve, Guard, and DOD Civ	505-846-0288	Violence Prevention Program	1												Prevention Training		+								Prevention Training		



Select ALL COLUMNS to SORT, and sort on row 2 left to right (largest to smallest, etc.), sorting rows is selecting rows; sort button under Data Tab in Excel